



Overcome your fears.

Go ahead, be honest with yourself... What scares you?

Lions, tigers, and bears, sure... but what about your daily life? *Has fear ever held you back?*

Have you ever remained silent when you really should have spoken?

Have you ever failed to execute because of performance anxiety?

Perhaps you allowed your fear to turn into irritability and anger, and said something that you wish you had not.

No matter who you are, no matter what you do, fear is always a factor. But you don't have to let it control you.

Become the master. Take the reins. *Overcome your fears!*

Transcending Fear teacher **Brian Germain** can help you relax into your own personal version of brilliance, unlocking your true inner potential.

Intrigued? Learn more about Brian and his life-changing seminars >



KEYNOTE SPEAKING • WORKSHOPS • COACHING

w w w . T r a n s c e n d i n g F e a r . c o m



Don't let fear hold you back!

Germain Seminars and Workshops is an educational company dedicated to teaching the truth about fear, and the most powerful methods for coping with stress and negative thought patterns. Offering inspirational talks for businesses and organizations, adventure experiences, books, articles, radio and TV interviews, and educational videos, our goal is to help people turn their fear into power. In the context of economic crisis, war, and climate change, fear management is the most important topic of our time.

In his worldwide speaking tour, Transcending Fear specialist and keynote speaker Brian Germain skillfully relates the topic of transcending fear to every aspect of life, from business success to holistic health and wellness, making his inspiring and motivational presentation a perfect fit for nearly any event or meeting. From large corporate conferences to small company lunches, from radio and TV interviews to his inspiring videos, Brian's charismatic and entertaining discussion of this profound and meaningful topic consistently entertains and inspires people all over the world.

Who is Brian Germain?

Brian Germain's life work is the study of fear and its effects, and the most useful methods for shifting out of this destructive mindset, into the realm of optimal performance. A masterful teacher known worldwide for his uncanny ability to make the complex easy to digest, Brian will inspire you to reach for a more productive, positive mindset, providing you with priceless tools to make the transformation from fear to brilliance.

Brian's study of fear began with many diverse adventure leadership experiences, but became crystallized when a tragic paraglider collapse nearly took his life. Rejecting the doctors' proclamation that he would never jump again, four years later he became the ESPN X-Games Champion in Freestyle Skydiving.

His inspiring journey through and beyond fear has moved people all over the world to challenge their own personal boundaries, and expand who they are by taking fear head-on.



Frequent topics include:

- Analyzing and clarifying the effects of fear in our daily lives - Physiological, Psychological and Sociological.
- Exploring how these effects create significant problems in competence, productivity, communication skills, capacity for intelligent insight, and health.
- Inspiring you to cultivate your skill of emotional re-direction in order to regain your psychological balance in hot situations.
- Presenting the most effective methods for diminishing your fear, helping you to convert it into positive emotion in order to return to your highest self.

Seminars are adapted to meet the specific needs of your organization.

"I have attended many courses/ seminars over the last 21 years with my employer and I must tell you, never have I ever witnessed a more passionate and dynamic speaker."

-Michael Taber, Federal Aviation Administration

"Brian is a passionate advocate of the idea that we should be able to face and understand our fears in order to utilize our full human potential; an ambitious, yet reachable goal, as Brian demonstrates through his teaching and writing."

-Morten Middelfart, CTO, TARGIT A/S

"That was without a doubt one of the best, most enjoyable educational experiences I have ever had."

- Kevin Hawkins, Austin, TX

Fear doesn't have to win anymore! Call today to learn more.



Contact us now to book Brian Germain for your next event:

Call 301-646-0761
bookbrian@transcendingfear.com



Visit www.TranscendingFear.com/Seminars for more information and to book Brian for your next event